


Volume	Abbreviations
8 liquid ounces = 1 cup 2 cups = 1 pint 2 pints = 1 quart 4 quarts = 1 gallon	oz - ounces c - cup pt - pint qt - quarts gal - gallon ft - foot in - inches yd - yard lbs - pound
Length	
5,280 feet = 1 mile 12 inches = 1 foot 3 feet = 1 yard	
Weight	
16 ounces = 1 pound 2,000 pounds = 1 ton	
Time	
60 seconds = 1 minute 60 minutes = 1 hour 24 hours = 1 day 365 days = 1 year 52 weeks = 1 year	

To convert from **BIG UNITS** to small units...multiply

To convert from small units to **BIG UNITS**...use repeated subtraction